

# ELLEVAITE

CELEBRATING  
10 YEARS

ENHANCEMENT • WELLNESS



WAYS  
TO GET



OUR FIRST  
ANTIAGING

*holiday*  
GIFT GUIDE  
p.34

**+** HOW TO  
WORK  
WELLNESS  
into your lunch hour  
p.74

WHY WE  
LOVE  
LIPOSOMES  
p.58

**NEW**  
OPLASTY  
ALITY  
p.38

THE  
**FACE**  
ISSUE

CCNY  
12



## ONE TOOL, ENDLESS STYLES

Go from sleek, straight strands to bouncy waves and curls using one styling tool: the Amika Midnight Black Ceramic Styler (\$135, [loveamika.com](http://loveamika.com)) can get you through the entire holiday party season. The secret is the ceramic 1.5-inch ceramic, rounded floating plates, which allow you to play more freely with your style and create beautiful ringlets as easily as you can flatten them. The ceramic plates maintain an even temperature, resulting in faster, more effective styling, and each plate radiates far-infrared heat, which preserves more moisture in the hair shaft, meaning less damage overall. —JW

**HOT PICK**



## CAVIAR DREAMS

Forget the visions of sugarplums. We're dreaming about shiny, silky hair just in time for our next holiday event. Alterna's Caviar Anti-Aging 3 Minute Shine Boost (\$25, at Sephora) softens hair and brings vibrancy back to our colour after just one treatment. The secret is the caviar extract, a rich source of omega-3 fatty acids, vitamin C, and a proven anti-oxidant, which turns aging, brittle hair into glossy, youthful-looking tresses. Work the product into wet hair, leave on for three minutes and rinse off in the shower for lustrous, party-ready locks. Use twice a week for best results. Free of parabens, gluten, phthalates, paraffin, and petroleum, this radiance booster makes it look like we just visited our stylists! —JW



## FINISHING TOUCHES

Hats and hoods may keep our heads warm but we can't stand how they flatten out our 'do. Oligo Professional's Alcove Shaping and Finishing Spray (\$13, at salons) gave our hair tons of volume and a strong hold against the elements. Used by salon professionals, the spray not only protected our hair from humidity and hat head, but it can also be used during and after styling to help create our favourite looks. Spray eight to 12 inches away from hair and style as desired. Finish off with a light mist to keep flyaways at bay. —JW



## HOLIDAY BLOW-OUT

We can admit it—we're salon blow-out junkies at the best of times, but especially during the holidays. When we want our sleek style to last from holiday gathering to holiday gathering, we use dry shampoo. Try Pure+Simple's Organic Lavender Hair Powder (\$19.95, at [pureandsimple.ca](http://pureandsimple.ca)) to help texturize hair while reducing oil buildup. Brush the powder through strands, focusing mostly on the scalp and working it through to the ends. We also love Marc Anthony's 2<sup>nd</sup> Day Clear Dry Shampoo (\$11.99, at all major drug-stores). It sprays on invisible and leaves a lovely, just-washed scent. —JW



## TIP

If you're going to re-straighten your hair on the second day, use the dry shampoo after styling and not before. It gave our blow-out the body and shine it had on day one.

Pure

